



July 2024

*All meals are served w/water
* All lunches served w/milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	NutriGrain Bar ¹	Oatmeal ²	French Toast Sticks ³		Cereal w/Milk ⁵
Lunch	Pepperoni Pizza Log, Salad w/Ranch, Peaches	Chicken Spaghetti, Green Beans, Apricots	Mini Turkey Corn Dogs, Veggie Rice, Applesauce	No School	Chicken Nuggets, Mashed Potatoes, Banana
PM Snack	Fig Newtons	Chex Mix	Pretzels		Cheese Its
Vegetarian	Cheese Pizza	Pasta	Veggie Nuggets		Veggie Nuggets
AM Snack	Blueberry Belvita ⁸	Turkey Sausage, Biscuit ⁹	Omelet ¹⁰	Bagel w/Cream Cheese ¹¹	Cereal w/Milk ¹²
Lunch	Beef and Rice w/Gravy, Mixed Veggies, Mandarin Oranges	Bean and Cheese Burrito, Corn, Pears	Sloppy Joes, Peas, Peaches	Teriyaki Chicken, Veggie Rice, Pineapple	Sun butter and Jelly Sandwich, Sun Chips, Banana
PM Snack	Mozzarella, Crackers	Sweet Potato Crackers	Strawberry Chex Mix	Apples, Sun butter	Chocolate Chip Cookie
Vegetarian	Rice w/Veggies	No Sausage	Veggie Patty	Veggie Rice	No Alternative
AM Snack	NutriGrain Bar ¹⁵	Oatmeal ¹⁶	French Toast Sticks ¹⁷	Blueberry Muffins ¹⁸	Cereal w/Milk ¹⁹
Lunch	Fish Sticks, Green Beans, Apricots	Chicken Cheese Quesadilla, Salad w/Ranch, Mandarin Oranges	Ravioli, Peas, Pears	Salisbury Steak, Mashed Potatoes, Peaches	Turkey Cheese Sandwich, Carrots, Banana
PM Snack	Wheat Crackers/Cream Cheese	Yogurt w/Cherries, Graham Crackers	Scooby Snacks	Cheese Crackers	Fig Newtons
Vegetarian	Veggie Nuggets	Cheese Quesadilla	Cheese Ravioli	Veggie Patty	Grilled Cheese
AM Snack	Blueberry Belvita ²²	Turkey Sausage, Biscuit ²³	Omelet ²⁴	Bagel w/Cream Cheese ²⁵	Cereal w/Milk ²⁶
Lunch	Turkey w/Gravy, Mashed Potatoes, Pears	Mac and Cheese, Green Beans, Mandarin Oranges	Tator Tot Beef Casserole, Peas, Mixed Fruit	Turkey Soft Taco, Corn, Pineapple	Cheese Hamburger, Sun Chips, Banana
PM Snack	Vanilla Ice Cream	Cheese and Crackers	Fig Newtons	Strawberry Yogurt, Granola	Cheese It Crackers
Vegetarian	Veggie Patty	Noodles w/Veggies	Cheesy Tator Tots	Cheese Quesadilla	Veggie Patty
AM Snack	NutriGrain Bar ^{29-Jan}	Oatmeal ³⁰	French Toast Sticks ³¹		
Lunch	BBQ Chicken Sandwich, Tator Tots, Apples	Beef Spaghetti, Green Beans, Apricots	Mini Turkey Corn Dogs, Veggie Rice, Pears		
PM Snack	Vanilla Wafers	Veggie Toasted Chips	Pretzels		
Vegetarian	Grilled Cheese	Pasta	Veggie Nuggets		